

## Impact of violence and neglect on a child's brain development

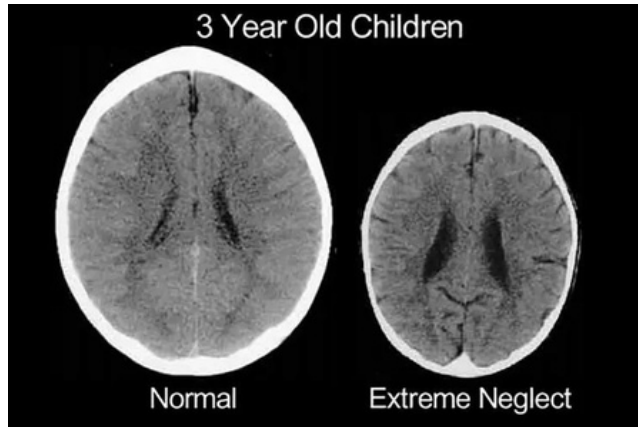


IMAGE RIGHTS: THE CHILD TRAUMA ACADEMY

Both images are brain scans of 3-year-old children, but the child on the left is healthy and nurtured, while the child on the right has been neglected. **Violence and neglect cause life-long damage to a child's brain and overall development.**

# 41%

of young people in Namibia between the ages of 18-24 experienced violence in childhood.

2019 VACS REPORT

### OUR ORGANISATION

# DW DEVELOPMENT WORKSHOP

## PLAY FOR ALL

### OUR DONORS AND PARTNERS



### INTER TEAM



### TWIN HILLS TRUST | NAMIBIA



#### Development Workshop Namibia

161 Mandume Ndemufayo Avenue,  
Windhoek, PO Box 40723 Ausspannplatz  
061 240 140

[www.dw-namibia.org](http://www.dw-namibia.org)  
[info@dw-namibia.org](mailto:info@dw-namibia.org)

#### Member of



# Violence Against Children



The effects of physical, emotional, and sexual violence on early childhood development.

DW DEVELOPMENT WORKSHOP  
**CHILDREN**

PLAY FOR ALL

## Cycle of violence against children

### CHILD ABUSE

Repetition of abusive behaviour by future generations

Poor health, social skills, emotional regulation and self image

### POOR PARENTING

## Different types of violence against children:

#### Sexual Abuse:

To rape, molest, expose to pornography, expose oneself, kiss or touch inappropriately.

#### Emotional Abuse:

To withhold love, threaten, insult, humiliate or harshly criticize.

#### Physical Abuse:

To beat, burn, kick, pull hair, hit, scratch, pinch, spank or bite.

#### Neglect:

Leaving a child alone or in an unsafe place, intentionally not providing food, clothing, medical attention or protection.



## Children exposed to physical punishment are more likely to



## How to help prevent violence against children:

Step away from the child when feeling angry or stressed to find calmness before responding. Do not punish a child while angry.

Learn to recognize and report suspected violence against children, neglect, and abuse.

Create safe and loving environments at home and in school.

Speak up about violence in your community.



## Emergency contact numbers



EMERGENCY CONTACT

Did you know that all Namibians are legally required to report child abuse?

**Child HelpLine . . . . . 116 or 106**

For children with difficulties dealing with emotional distress, abuse, school-related problems or behavioural problems.

**NamPolice . . . . . 1 0 1 1 1**

**Gender Based Violence Unit.....106**

**Ambulance . . . . . 1 0 1 7 7**

**Legal Assistance . . 6 1 2 2 3 3 5 6**

Don't be a bystander! Do your part to protect all Namibian children!