



REPUBLIC OF NAMIBIA

OMUTJISE WOKORONA OTJIKENA? (COVID-19)

Omutjise wokorona omutjise omuhwange mbwa vera movandu kotjikando otjitenga mu Tjikukutu 2019. Kape ya munika omuti omupange womutjise mbwi poo kape ya munika omapangero omasemba wokupanga omutjise mbwi. Nungwari ovingi vyovikaçena vyomutjise mbwi vi yenena okupangwa otja kongaro yomuvere womutjise mbwi.

#CoronaVirusNam #StayHome #Covid19nam #LockdownNam #StopCoronaVirusNam

OMUTJISE WOKORONA U HWANGA VI?



Okuza momata womate omuvere tji ma hungire, tji ma korora poo tji ma tye ombato.



Okuza mokuhakaena tjimuna mokuçunasana poo okupasana omake.



Okuza mokuçuna kovina ku kwa çunu omuvere womutjise wokorona tjimuna ovipate vyomuvere, ovitiha na vyarwe ku kwa kakatere ozondwi zomutjise wokorona.

OVIKANENA VYOMUTJISE WOKORONA

Ovikaçena vyomutjise omupe mbwi ovyo mbwi:



Oupyu wozoharata 38 (38oC) na kombanda yanao



Okukorora ku ku hi na ongororo



Okusuvana ouzeu

MO RITJEVERE VI KOKUHWANGWA I YOMUTJISE WOKORONA?



Koha omake woye ovikando ovingi noheva nomeva ngu maye tirire koure wozosekonde 20 poo kohorora omake woye novizepamitjise mu mu na oarukohoro.



Twa po omukato wozometa mbari pokati koye novandu varwe.



Kutjira otjinyo tjoye norumbarambandja moukoto poo nokavapira okatarazu okaimbirahiwa.



O çunu komurungu woye nomake tjinene komeho, keuru poo kotjinyo



ONOMORA YONGOZE YOKUTONWA OTJARI OYO NDJI: 0800 100 100



Printed with funding from the European Union